

ESSAYING "SYNERGY"

Participation in the Synergic Theatre workshop has been a real joy.

It has allowed me to let the performer part of me out to play. Although it would have been nice to have had a group that could remain cohesive from the beginning--with no disruptions, and I am sorry to say that I was responsible for a few--I'm still glad we did it. The input from even the brief visits of extras was refreshing and interesting. I am sorry that because of disruptions--and disruptive elements--and shortage of time, we weren't able to build a really solid group feeling because I think there was interesting potential from the group.

What I loved were the exercises, which were carefully devised and based on extensive experience. They opened me to areas which I could not have as easily explored elsewhere or which I might not have thought to explore. I liked the wide range and diversity of the exercises as well as the organization of them and the fact that they were directed or guided for maximum effect. I also liked the fact that the direction was of a supportive and liberating nature--we were free to break rules and push edges and discover our own impulses. I also appreciated the opportunities to try to be able to direct in similar fashion--in other words all the exercises that enabled us to merge our own organizational impulses with the abilities and interests of other participants. I am remembering specifically the various exercises in group problem solving and also the "conducting" exercise as well as the final problem.



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